



[www.angeles.sierraclub.org/wtc](http://www.angeles.sierraclub.org/wtc)  
Vol 19, No. 4 / Fall 2008

# Newsletter

Newsletter of the Wilderness Training Committee

A group of hikers is seen on a rocky trail in a mountainous landscape. In the foreground, a hiker wearing a white shirt, a tan hat, and a backpack is walking down the trail. Behind them, several other hikers are visible, some standing and some walking. The trail is composed of large, light-colored rocks and is surrounded by sparse vegetation and evergreen trees. In the background, a lake is visible, nestled between rocky hills. The sky is blue with some clouds.

## High Sierra Treasure Hunt



## WTC Officers

See page 8 for contact info

## WTC

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**Jane Simpson**

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**David Meltzer**  
Area Vice Chair  
**Jean Konnoff**  
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**Mike Adams**  
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WTC Outings Chair and Area Trips  
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*The WTC Newsletter is published quarterly for students and staff of the Wilderness Training Committee and delivered via U.S. mail or distributed at class sites. It's also available in color on the WTC website:*

*www.angeles.sierraclub.org/wtc as a download in PDF format. All questions, copy and photo submissions should be directed to Kay Novotny, WTC Newsletter Editor at (562) 860-4078, or emailed to:*

*knovo@ca.rr.com*

WTC Info Line 310-967-2029

# This is it! Time to Graduate!



**Patch, patch**, who has earned their patch? Below is the schedule for WTC graduations for 2008. Every student who has completed the graduation requirements and has mailed their completed student card to their area registrar will receive the coveted WTC patch at the graduation ceremony for their group. Even if you have not completed your requirements for graduation, please come to the graduation celebration to enjoy yourself and cheer for your classmates! All students are welcome. If you are looking for that last elusive experience trip, please see pages 4 through 6 of this newsletter for final experience trip opportunities.

## Graduation Schedule:

**All Area Graduations will be held October 18 and 19. A fun weekend car camp, with ceremony on Saturday early evening.**

**LOCATION:** You will receive details soon from your group leader, area chair or area registrar.

**EVENTS:** Some hikes or activities will be strictly PRIVATE, NON-SIERRA CLUB. Others will be SIERRA CLUB outings or hikes, such as a navigation noodle on Sunday. A leader will advise you what type of event it is. Please check the "outings" section of the newsletter to find a listing of the Sierra Club activities.

### Sunrise at Chicken Foot Lake



## Trips Liability Notice

**Liability Waiver Notice** To participate in a Sierra Club outing, you will need to sign a liability waiver. To see a copy of this waiver prior to attending the outing, please see [www.sierraclub.org/outings/chapter/forms](http://www.sierraclub.org/outings/chapter/forms), or contact the Outings Department at (415) 977-5528 for a printed version

**Transportation Notice** In the interests of facilitating the logistics of some outings, it is customary that participants make voluntary carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride sharing or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

**California Sellers of Travel Disclaimer:** CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

## Keep In Touch With WTC

If you would like to continue to receive notice of the publication of the WTC newsletter online, please go to the following link:

<http://groups.yahoo.com/group/WTCNewsletter>

And ask to join the group. We will not share your e-mail address with others.

## Headline Deadline

**For publication in the Winter 2009 WTC Newsletter: Nov 15**

**For publication in the Spring 2009 WTC Newsletter: Feb 15**

These are the last days for trips to be submitted to the WTC Outings Chair. Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application.

**For publication in the 310 Angeles Chapter Schedule (Mar 1 - Jun 30): Nov 9**

**For publication in the 311 Angeles Chapter Schedule (Jul 5 - Oct 31): Mar 9**

These are the last days for trips to be submitted to the WTC Outings Chair. Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application.

## On The Cover

With Long Lake and the Rock Creek Trail in the background, leaders Gary and Kay Novotny lead a group of WTC students searching for Treasure Lakes, above Chicken Foot Lake, August 16 and 17, 2008. For more information about the trip, please see page 3.

Photo by Gary Novotny.

# On a Treasure Hunt in the High Sierra

By Kay Novotny and Gary Novotny.

When Gary and I took a mule-pack trip to Chicken Foot Lake in the High Sierra above Rock Creek Lake a number of years ago, I knew at the time that I would want to take a group of WTC students there – the trip was indescribably beautiful. Rock Creek drainage, or "Little Lakes Valley" as it is sometimes called, is an unbelievable place. With one of the highest trailheads in the Sierra at 10,300 ft, the trail along Rock Creek offers easier and quicker access to terrain at the treeline than most other trails. The lakes in the valley are perfectly situated to create a chain of sparkling jewels, which lure even the most dedicated peak bagger into becoming a photog. It was into this glorious environment that we ventured on the morning of Saturday, September 16th. We started our adventure at the aptly named Mosquito Flats trailhead at about 8:00 AM. Everyone was on time for the 8:30 trail talk and group photo. This trip turned out to be very popular – I think because it spanned 2 days, instead of the more normal 3 days.

We spent much of the 3 mile walk into Chicken Foot Lake taking pictures. The cloudless sky and sparkling lakes were just begging for it. We saw many folks who were out on the trail for a day hike as well. Under normal circumstances, this area is a good area for fishing, too. However, we were there during the full moon, and as most fishermen know, that is not the best time to catch your dinner.

## Down the talus



We arrived at the lake at around 10:30 AM, with plenty of time to go on our treasure hunt for Treasure Lakes if the weather would hold up. We pitched tents, set up camp, ate a quick lunch, then decided on our route for Treasure Lakes. We decided on a route which took us up a slope of large talus, where we could hear the trickling of the creek below the rocks under our feet. Climbing straight up the rocky terrain at well over 10,000 feet was challenging, but mostly due to the lack of air. We came over the last rise, and there were the Treasure Lakes, emerald and blue gems at 11,175 feet. There are four lakes, each fed by glaciers and snowfields, and connected to each other, forming a "V" shape toward the main outlet. Past the Treasure Lakes, our goal was a large domed ridge which separated the Treasure Lakes area from Gem Lakes and Morgan Pass. The map listed this ridge at 11,645. We crossed between two of the Treasure Lakes, and headed for the dome. At this point, we could see that the weather was not going to stay nice for the rest of the day. Some darker clouds were already forming, and the temperature was cooling with the breeze. Our plan was to complete the dome, then follow another talus slope down from the dome to Gem Lakes, then that the trail up to Morgan Pass, if we had time.

We all reached the top of the dome, took a few pictures, and started down the talus. On our way down the talus slope, we started getting our first few raindrops, as the rain was blown in from a cloud which was still sitting on the Sierra ridge. We hiked past Gem Lakes, and made it to the top of Morgan Pass before the weather started closing in. We retraced our steps back down from the pass, then back over to Chicken Foot, where we cooked dinner in between rain and hail/sleet storms. We heard some thunder, but not a lot.

Gary tried his hand at fishing, but between the full moon and the rain storm, the fish were not going to bite. After dark, we turned in for the night, with the clouds still covering most of the sky. I woke late at night, and the clouds had moved on. The moon made our tent and the campsite seem very bright. Gary got some great moon light shots of the tent and campsite.

The next morning, we left camp early, so that we could get home before too late. Also, we knew there was world-famous homemade pie waiting for us at Rock Creek Resort. We all stopped in for a piece of famous pie, which really deserves its great reputation. We found that the best treasure in the area was right there at the start of the trail all along.

## Hiking the dome



**Chicken Foot hikers: Gary, Kay and Alex Novotny, Tony Shafaat, Joe Harvey, Thio Kwee, Stephan Gallon, Dave Evans, Ann Gallon, Mark and Carrie Todd**



# Outings

To reserve your place on an outing, follow the instructions listed in the trip description and provide all information requested by the leader. If a sase (self addressed stamped envelope) is requested, send a 9.5 x 4 inch envelope along with your other information. Typical requested information includes name, address, home & work phone numbers, WTC leader's name, name and date of outing you wish to join, your experience and physical conditioning. You may be placed on a waiting list if the number of persons interested in the desired trip is large. If you change your plans, it is very important that you contact the leader to let them know your revised plans, even if you are on the waiting list.

Please see Outings Leader Directory on page 8 for SASE and contact information. **NEW!** - Indicates a new trip not published before.



Trips which qualify as WTC experience trips are identified by a backpack logo.



Outings of interest will be identified by binoculars. These do not qualify as WTC experience trips, but they are very interesting.



Training opportunities are identified by a book. WTC students should find many of these trips within their abilities. Snow travel training will require prior experience.



Last, but not least, the gnarly trips are identified by an ice-axe and crampons. These are technically challenging trips - typically not suited to WTC students. Strong WTC students with prior mountaineering experience may qualify.

## September

### Sep 12-14/Fri-Sun **WTC** **I/Mt. Davis (12,311')**

Fri backpack 8 miles, 2000' gain to camp at picturesque Thousand Island Lake in Ansel Adams Wilderness near Mammoth. Sat climb cross country, class 2 route to Mt. Davis from southwest of North Glacier Pass in 6 mi rt, 2500 ft gain. Sun pack out. Shuttle fee of \$7 from Mammoth Mountain to Agnew Meadows trailhead required. Wilderness permit fee of \$5 collected at trailhead. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Gunn. Asst. Ldr: Robert Myers.

### Sep 13-14/Sat-Sun **WTC, HPS** **I/Grinnell Mtn (10,284'), Lake Pk (10,161') 10K Ridge (10,094')**

Three great peaks in the nearby San Geronio Wilderness. Saturday we'll pack to camp and happy hour at Fish Creek Camp (5 mi, 1800'). Sunday we'll climb 7 mi, 2800' gain cross country in a loop to our peaks, then pack out. Send experience, conditioning, phones, email, rideshare info via email or sase to Ldr: Edd Ruskowitz. Asst: Melissa Kane.

### Sep 13-14/Sat-Sun **WTC, SPS** **I/Mt Tom (13,652')**

Strenuous climb to the top of massive Mt Tom out of Bishop. Sat backpack 4 mi, 2200' to camp at Horton Lake. Sun climb Mt Tom 7 mi round trip, 3700' gain, then pack out 4 mi. Send SASE or use e-mail, with info on Sierra experience, WTC leaders name, conditioning, and carpool info to Ldr: Ed Morente. Asst: John Cyran.

### Sep 14-15/Sun-Mon **WTC, SPS** **M/Mt. Winchell (13,768')**

Fall climb through gorgeous meadows to the Palisades. Sun backpack 6 miles, 3500' to Sam Mack Meadows. Happy hour Sun night. Mon climb Winchell 2 miles, 2500 ft via Class 3 East Arete and return. Restricted to Sierra Club members only. Helmet and recent experience on Class 3 rock required. Send climbing resume including recent conditioning plus \$5 permit fee to Ldr: Ron Campbell. Asst: Virgil Talbott.

### Sep 19-21/Fri-Sun **WTC** **I/Florence Pk (12,432'), Vandever Mtn (11,947')**

Fri backpack 5 mi, 2800' gain to Franklin Lake, set up camp. Sat climb Florence Pk, 5 mi rt, 2100' gain. Sun break camp and backpack to Farewell Cyn, 2 mi. Climb Vandever Mtn, 6 mi rt, 2900' gain, WTC or equivalent. Send sase or email, conditioning/experience, phones, rideshare info to Ldr: Jack Kieffer Co-Ldrs: Rod Kieffer, KC Reid.

## September continued

### Sep 19-21/Fri-Sun **WTC, Wilderness Adventures** **I/Twin Lakes-Silliman NavPack Sequoia NP**

Improve your navigation skills, get a peak and get happy on a moderately paced 6.5 mi, 2600' gain backpack to beautiful Twin Lakes. Sat xc explore both sides of Silliman Crest, and climb a no-name peak, 1400' net gain via 7 mi loop. Return to camp for shared treats and gourmet quesadillas. Sun head home. Comfort on class 2 climbing required. No tigers please. Send check for \$7 permit fee (payable to Wilderness Adventures), 1 sase (or email), contact & rideshare info, recent backpacking & conditioning experience to Ldr: Jane Simpson. Co-Ldr: Adrienne Benedict.

### Sep 19-21/Fri-Sun **Wilderness Adventures, WTC** **I/Mt Mallory (13,850') and Mt Irvine (13,770')**

Moderately strenuous 11 mi rt backpack to Meysan Lake area with climb of two of the more interestingly named peaks in the Sierra. Fri backpack 6 mi, 3000' gain from Whitney Portal up steep trail to over 11,000' near Meysan Lake and set up camp. Sat xc, talus and scree climb of Mallory & Irvine with steeply sloping traverse between the peaks. Sun pack out and drive home. WTC grads welcome. Not suitable for beginners. Send \$10 permit fee (Wilderness Adventures), recent backpacking experience/conditioning, 2 sase (or email), H&W phones to Ldr: David Coplen. Co-Ldr: Mark Mitchell.

### Sep 20-21/Sat-Sun **WTC** **I/Mt Agassiz (13,891')**

From South Lake trailhead we will backpack to Bishop Lake (4 mi 1600' gain) and set up camp. Sat night community happy hour. Sun we'll climb the peak via class 2 route (4 mi RT 2600 gain) then pack out. Please send ESASE/SASE with recent experience/conditioning info to Ldr: Kim Homan. Asst: Sarah Myers.

### Sep 21/Sun **NEW** **WTC, 20s and 30s Singles** **O/Sandstone Pk (3111')**

Highest peak in Santa Monica Mtns. Stunning ocean and canyon views. Moderate 6 mile rt, 1,400' gain. Meet 9 am Mishe Mokwa trailhead (from PCH, turn inland at Yerba Buena Rd 5 miles to pass Circle X Park HQ on R, continue 1 mile to signed Mishe Mokwa Trailhead on left lots of parking) Bring 10 essentials, 2+ quarts water, snack, sunscreen. Well behaved dogs on a leash acceptable. Rain or shine. Ldr: Jeremy Kalan. Asst: Sridhar Gullapalli.

## September continued

Sep 25/Thu



WTC

### O/Nike Base Rendez-Vous Hike #3

WTC Introductory Hike: Westridge Rd to Nike Base; Caballero Cyn to Nike Base: Learn about the Wilderness Travel Course on this 7 mi rt, 1000 feet gain hike in the Santa Monica Mts. Bring headlamp or flashlight. The hike will include info on the best compasses for wilderness travel. Westsiders Meet 6:30 pm end of Westridge Rd (Sunset Blvd to Mandeville Canyon Rd, N 1/4 mi to Westridge Rd, L to end); observe street parking restrictions. Valley-ites meet at Caballero Canyon trailhead on Reseda Blvd. at 6:30 pm (from 101 Ventura Fwy take Reseda Blvd 1.9 mi south across from Braemar County Club); free street parking. Ldrs: George Denny, Marc Hertz, Robert Myers, Jane Simpson.

Sept 27-28/Sat-Sun



WTC

### I/Florence Pk(12,432')

Mineral King weekend backpack. Sat 5 mi, 2500' gain to camp at Franklin Lakes and 6 mi, 2200' gain to Florence. Community happy hour Sat nite. Sun pack up, option climb to Vandever Mtn.(11,947') on the way out, 11 mi, 2600' gain. Send e-mail (preferably) or two sase, H&W phones, conditioning/experience and rideshare info to Ldr: Ron Rebensdorf. Co-Ldr: Kim Homan.

Sep 28/Sun **NEW DETAILS**



LTC, WTC, Hundred Peaks

### I/Grinnell Ridge Navigation

Navigation Noodle in San Bernardino National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. To receive homework assignment, send navigation experience/training, rideshare info, H&W phones to Ldr: Robert Myers. Asst: Harry Freimanis.

## October

Oct 4/Sat



LTC

### O/I/M/E/Leadership Training Seminar

Location - TBD. Become a qualified Sierra Club Leader. Deadline for receipt of application and payment is Sep 20. No registration after this date or at door. Next seminar: Spring 2009. Leader/Registrar: Steve Botan.

Oct 4-5/Sat-Sun



WTC

### I/Tahquitz Pk (8846')

Last Chance Backpack. Almost the last chance to graduate WTC!! Sat backpack 3.5mi (1600' gain) from Humber Park in Idyllwild to Tahquitz Valley to set up camp. Afternoon hike to Tahquitz Peak (8846'). Sun hike to Red Tahquitz, and pack out. Must carry all water for weekend (sorry). WTC or equivalent required. Send sase/e-mail with WTC class, recent conditioning and experience, h/w phones, rideshare info to Ldr: Misha Askren. Asst: Georgette Rieck.

Oct 5/Sun **NEW**  **WTC, 20-30s Singles, LB Group, PV South Bay O/Mt Wilson/Manzanita Ridge**

WTC Introductory Hike. Invigorating conditioning hike at a moderate pace. 10-mile r/t, 4000' gain. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January '09. Subjects include safe mountain travel, map & compass and wilderness first aid. This is a residential neighborhood so be mindful of parking regulations and resident's quiet enjoyment of their neighborhood. Meet 9 am at trailhead. Mira Monte Ave and Mt Wilson Trail Dr. Take I-210 to Baldwin Ave exit, take Baldwin N to Mira Monte, Right to trailhead. Bring hiking boots, 2 liters water, snacks to share. Ldr: David Meltzer. Co-Ldr: Gary Novotny.

## October continued

Oct 11/Sat



LTC, WTC, Hundred Peaks

### I/Mt. Lowe (5603') Beginning Navigation Clinic

4 mi 500' gain. Spend the day one-on-one with an instructor, learning/practicing map and compass. Beginners to rusty old timers welcome. Not a check-off. Many expert leaders will attend; many I-rated leaders started here in the past. Send sase, \$25 deposit (Sierra Club refunded at trailhead), phones to Ldr: Diane Dunbar. Co-Ldr: Richard Boardman.

Oct 11-12/Sat-Sun



WTC

### I/Joshua Tree "Really Last Chance" Graduation Trip

Easy paced backpacking trip in scenic Joshua Tree National Park. We will take exploratory cross-country routes in the Queen Valley area, taking in a peak along the way. Learn about the Wilderness Travel Course or satisfy WTC requirements on this "really last chance" graduation trip. 9 mile rt, 1000' gain. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldrs: Chi Choi, David Meltzer.

Oct 18/Sat **NEW**



WTC

### M/Rattlesnake Canyon Loop

Get in a hike before the WTC graduation festivities begin! Strenuous rock scramble through the Wonderland of Rocks, near Indian Cove, Joshua Tree National Park, 5 mi, 1300'. Class 3 rock travel experience required. Restricted to Sierra Club members. Helmets and medical info forms required. Send SC#, class 3 experience, fitness info, email, and phone to Ldr: Eric Scheidemantle. Asst: Tom McDonnell.

Oct 18-19/Sat-Sun **NEW**



WTC

### WTC Graduation Ceremonies

For location details and information, contact your group leader, area chair or area registrar. Ceremony Sat evening. All students are welcome; please car-pool as parking is limited.

Oct 19/Sun



LTC, WTC, Hundred Peaks

### I/Indian Cove Navigation

Navigation noodles at Joshua Tree NP to satisfy the Basic (I/M) level navigation requirements. To receive homework assignment, send navigation experience/training, any WTC, rideshare info, H&W phones, sase prefer by Email, to Ldr: Robert Myers. Asst: Phil Wheeler.

Oct 25-26/Sat-Sun **NEW**



WTC

### M/New York Mtn (7532'), Clark Mtn (7907')

Restricted to Sierra Club Members with third class climbing experience; helmets required. Sat climb New York from Caruthers Canyon, 5 mi RT, 1900' gain. Sun climb Clark from picnic area at its s flank, 2.5 mi RT, 1900' gain. Exact meeting times/places will be announced to participants. Send climbing resume, recent conditioning, sase/esase, H/W/C phones to Ldr: Garen Yegparian (yeghpairiank@earthlink.net). Asst: Tom McDonnell.

Oct 25/Sat



WTC

### O/Nike Base Rendez-Vous Hike #4

WTC Introductory Hike: Westridge Rd to Nike Base; Caballero Cyn to Nike Base: Learn about the Wilderness Travel Course on this 7 mi rt, 1000 feet gain hike in the Santa Monica Mts. The hike will include info on wilderness first aid. Westsiders Meet 8:00 am end of Westridge Rd (Sunset Blvd to Mandeville Canyon Rd, N 1/4 mi to Westridge Rd, L to end); observe street parking restrictions. Valley-ites meet at Caballero Canyon trailhead on Reseda Blvd. at 8:00 am (from 101 Ventura Fwy take Reseda Blvd 1.9 mi south across from Braemar County Club); free street parking. Ldrs: George Denny, Marc Hertz, Robert Myers, Jane Simpson.

## November

**Nov 7-9/Fri-Sun**



**LTC, Harwood Lodge, WTC**

### **C/Wilderness First Aid Course**

Wilderness First Aid Course: Runs from 8 am Fri to 5:30 pm Sun. Fee includes lodging, meals and practice first aid kit. Proof of CPR within previous 4 years required to enroll. Fee \$190 with SC#/\$200 non-member; (full refund through Oct 3). For application send email to Ldr: Steve Schuster.

**Nov 8/Sat NEW DETAILS**



**OMC**

### **C/Angeles Chapter Outings Assembly**

Join the Outings Management Committee for a session on the present and future of the chapter's outings program. All Sierra Club members are invited, especially outings leaders, provisional leaders and outings chairs. Get the scoop on what's happening in our chapter, let us know what is working for your entity and how we can help you. Save this date! Meet 9:30 am - 4 pm at Eaton Cyn Nature Center, 1750 N. Altadena Dr., Pasadena (from 210 Fwy E, exit Altadena Dr, N 1.5 mi to park entrance on R; from 210 Fwy W, exit Sierra Madre Blvd, W 1 block to Altadena Dr, N 1.5 mi). Light breakfast and refreshments provided. Bring your lunch. OMC Chair: Kent Schwitkis

**Nov 15-16/Sat-Sun NEW DETAILS**



**LTC, WTC, Hundred Peaks**

### **I/Indian Cove Navigation**

Navigation noodles at Joshua Tree NP to satisfy the Basic (I/M) level navigation requirements. Sat for practice, skills refresh, altimeter, campfire. Sun for checkout. To receive homework assignment, send navigation experience/training, any WTC, rideshare info, H&W phones, sase prefer by Email, to Ldr: Robert Myers. Asst: Harry Freimanis.

**Nov 16/Sun NEW**



**WTC, Crescenta Valley**

### **O/Condor Pk (5440'+)**

Big Tujunga to Condor Peak via Fox Divide: 16 mile rt 3400' gain. Strenuous hike on trail above the magnificent Big Tujunga Canyon, a beautiful area of the Western San Gabriel mountains. Meet 8 am Ralph's parking lot, 10455 Sunland Blvd. (Frwy 210 and Sunland Blvd.) Bring: 2 liters water, lugsoles, sunscreen, lunch. Co-Leaders: Steve Curry, Bill Sharpsteen.

**Nov 16/Sun NEW**



**WTC, 20-30s Singles, LB Group, PV South Bay**

### **O/Echo Mtn, Inspiration Point, Muir Peak (4688')**

WTC Introductory Hike: Hike the Sam Merrill trail to the historic railway and resort area at Echo Mtn, then up Castle Canyon to Inspiration Point and on to Muir Peak. We will return by the Middle Merrill trail. Trip is a total of 12 miles with 2900 ft of gain. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January '09. Subjects include safe mountain travel, map & compass and wilderness first aid. Meet 9 am at the North end of Lake Street at the corner of Lake and Alta Loma Street in Alta Dena by the "Gate". This is a residential neighborhood so be mindful of parking regulations and resident's quiet enjoyment of their neighborhood. Bring 2-3 liters of water, lunch, lugsoles, hat and layered clothing. Ldr: David Meltzer. Co-Ldr: Gary Novotny.

**Nov 23/Sun NEW**



**LTC, Sierra Peaks, Desert Peaks, WTC**

### **E/M/Mt Rubidoux Rock Workshop/Checkoff**

This intermediate and advanced workshop is based on the rock requirements for M and E leadership. Checkoffs for M and E rock must be pre-arranged. It is a restricted trip; to participate you must be a member of the Sierra Club and have suitable rock climbing experience. Helmet, basic climbing gear, and completed medical form required. Send or e-mail climbing resume, SC#, address and phone # to Ldr: Tina Bowman. Co-Ldrs: Doug Mantle, Tom Bowman.

## December continued

**Dec 6/Sat NEW**



**LTC, SPS, DPS, WTC**

### **E/M/Stoney Point Rock Workshop/Checkoff**

This intermediate and advanced workshop is based on the rock requirements for M and E leadership. Checkoffs for M and E rock must be pre-arranged. It is a restricted trip; to participate you must be a member of the Sierra Club and have suitable rock climbing experience. Helmet and climbing gear required. Email or send climbing resume, completed medical form (2 copies-include SC# on form), address and phone # to Ldr: Ron Hudson. Co-Ldrs: Dan Richter, Alex Amies, Pat McKusky.

**Dec 6/Sat NEW**



**LTC, WTC, Hundred Peaks**

### **O/GPS Class**

Intro to Global Positioning System at Eaton Cyn Nature Center, Pasadena. Apply early, no registration at door, start 9am indoors. Focus on Garmin models includes features, selection, operation, use with maps (provided), hands-on field practice in afternoon. We have loaner GPS. Send email/sase, phones, GPS experience & model, \$20 (LTC-no refund later than 5 days prior) to Ldr: Harry Freimanis. Asst: Robert Myers

**Dec 13/Sat NEW**



**LTC, WTC, Hundred Peaks**

### **I/Mt Lowe (5603') Beginning Navigation Clinic**

4 mi, 500' gain. Spend the day one-on-one with an instructor, learning/practicing map and compass. Beginners to rusty old-timers welcome. Not a checkout. Many expert leaders will attend; many I-rated leaders started here in the past. Send sase, \$25 deposit (Sierra Club-refunded at trailhead), phones to Ldr: Diane Dunbar. Co-Ldr: Richard Boardman.

**Dec 13/Sat NEW**



**WTC**

### **M/Staff Rock Workshop**

This staff development workshop is intended to prepare WTC staff to be effective instructors in WTC's rock scrambling instruction. Participation is limited to WTC staff who have passed the M-rock checkoff or are scheduled to take it. Early sign-up recommended, since group size is limited. To participate, send name, contact and rideshare info, WTC area, Class 3 climbing experience, and date of M-rock checkoff to Ldr: Patrick McKusky. Asst: Tom McDonnell.

**Dec 14/Sun NEW DETAILS**



**LTC, WTC, Hundred Peaks**

### **I/Warren Pt Navigation**

Navigation Noodle in Joshua Tree National Park for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. To receive homework assignment, send navigation experience/training, rideshare info, H&W phones to Ldr: Robert Myers. Asst: Harry Freimanis.

**Dec 14/Sun NEW**



**WTC, 20-30s Singles, LB Group, PV South Bay**

### **O/Mt Wilson/Manzanita Ridge**

WTC Introductory Hike. Invigorating conditioning hike at a moderate pace. 10-mile r/t, 4000' gain. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January '09. Subjects include safe mountain travel, map & compass and wilderness first aid. This is a residential neighborhood so be mindful of parking regulations and resident's quiet enjoyment of their neighborhood. Meet 9 am at trailhead. Mira Monte Ave and Mt Wilson Trail Dr. Take I-210 to Baldwin Ave exit, take Baldwin N to Mira Monte, Right to trailhead. Bring hiking boots, 2 liters water, snacks to share. Ldr: David Meltzer. Co-Ldr: Gary Novotny.

**Dec 14/Sun**



**WTC**

### **O/Mt Lukens (5074')**

Big Tujunga to Mt. Lukens via Stone Canyon Trail. Moderate hike to the highest point in the City of LA, 8 mile rt 3200' gain. A magnificent vista on a clear day. Meet 8 am Ralph's parking lot, 10455 Sunland Blvd. (Frwy 210 and Sunland Blvd. Bring: 2 liters water, lugsoles, sunscreen, lunch. Co-Leaders: Steve Curry, Edie Jaranilla.



# January

Jan 3/Sat **NEW**



WTC, LPC

## O/Temescal Pk (2126')

Learn about the Wilderness Travel Course on this hike through oak glens and chaparral in Topanga State Park. Info will be provided on the ten essentials of safe mountain travel. We will hike to the park's highest peak with spectacular views. 8 mi rt, 1100' gain on fire road and trail. Meet 9:00 a.m. at Trippet Ranch fee parking lot (from Topanga Cyn Blvd, east on Entrada Dr for about 1 mi, turning left at every opportunity until parking lot). Ldrs: Robert Myers, Jane Simpson.

Jan 4/Sun **NEW**



WTC

## O/Bedford Pk (3800'+)

A good prep for WTC students who aren't sure where they stand physically - here's your chance to find out before your scheduled Conditioning Test Hike. At 7 mi round trip, 2000' gain, the hike is challenging, consistently uphill, led at a moderate pace and climaxing with unobstructed views of Mt. Baldy, San Geronio and San Jacinto peaks. Meet 7:30 am at the parking turnaround at the end of Silverado Canyon. Bring water (2 qts min), snacks and an extra clothing layer or two. Rain cancels. Ldr: Edd Ruskowitz. Co-Ldr: Melissa Kane.

Jan 10/Sat **NEW**



WTC Hundred Peaks

## I/Warren Point (5103')

Practice navigation for Sunday's checkoff on this 6 mile rt, 1300' gain hike in the pinyon pine and juniper region of western Joshua Tree National Park. We will take a cross-country route to Warren Pt and practice micro-navigation skills along the way. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldrs: Ann Pedreschi, Jane Simpson.

Jan 11/Sun **NEW**



LTC, WTC, DPS, HPS, SPS

## I/Warren Pt Navigation

Navigation noodle at Joshua Tree National Park for either checkout or practice to satisfy the Basic (I/M) or Advanced (E) level navigation requirements. To participate, send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Harry Freimanis.

Jan 24/Sat **NEW**



Long Beach, WTC

## O/Echo Mtn (3207'), Inspiration Pt (4714'), Muir Pk (4688')

Hike the Sam Merrill trail to the historic railway and resort site at Echo Mountain, then up Castle Canyon to Inspiration Point, and on to Muir Peak. Return by Middle Merrill trail, 12 mi rt, 2900' gain. Meet 7:45 am at Long Beach rideshare point (by the recycling center at Cal State Long Beach, across from the pyramid, near the corner of Atherton Street and Merriam Way) or 9 am at N end of Lake Ave in Altadena with minimum 2 liters water, lunch, lugsoles, hat. Ldr: John Hinz. Asst. Ldr: Dave Fujiyama.



Alex Novotny and Tony Shafaat share a card trick

# Leader Notes

## WTC Outings Leader Notes

By Tom McDonnell, WTC Outings

Maintaining your Sierra Club leader rating takes a little attention now and then. The Angeles Chapter keeps a list of active Club leaders that is consulted by various reviewers during the trip approval process. Below is a list of things to keep in mind depending on your objective. Some of the leader requirements change with the role you serve. The OLT-101 item, which might seem new but is part of the long-standing Sierra Club National Leaders Standards, is a requirement with which we are trying to get caught up. Notes for WTC Group Leaders, Assistant Group Leaders, and Staff will be discussed in another notice.

## Outings Leader for WTC Outings (general and experience outings):

- \* Sierra Club membership
- \* Club Policy refresher training (OLT-101) within 4 years
- \* First Aid training within 4 years
- \* Recent experience leading a trip at the level of the planned trip

## Outings Leader for WTC Outings (technical mountaineering):

- \* Sierra Club membership
- \* Club Policy refresher training (OLT-101) within 4 years
- \* First Aid training within 4 years
- \* Recent experience leading a trip at the level of the planned trip
- \* One of the leaders on the trip must be current in WFA (within 4 yrs)
- \* Resume on file with the Mountaineering Oversight Committee

## Provisional Leaders:

- \* You are special. But you knew that already
- \* The leader requirements listed above apply to you as well as a few extra items listed by LTC ([http://angeles.sierraclub.org/ltc/papers/LRB\\_Chapter\\_1.pdf](http://angeles.sierraclub.org/ltc/papers/LRB_Chapter_1.pdf))
- \* Check with the LTC Admin Chair to be sure all your records are in order

## Help with WTC's permit application for the National Park Desert Trip and National Forest Snow Camp (we need everyone helping on this one):

- \* Current first aid, as stated on certificate
- \* Current CPR, as stated on certificate
- \* Send both of these copying both sides of certificates to Dawn Burkhardt, CPR/FA certificate coordinator

## Before the Trip:

- \* Research and plan the trip, discuss it with other leaders, submit trip description to WTC Outings in time for publication (and Mountaineering Application if it is a technical trip)
- \* If there is a change in the date, destination, or leaders contact WTC Outings for approval
- \* If the trip is cancelled notify WTC Outings
- \* Screen and select participants for safety and success of the outing

## After the Trip:

- \* Pizza, then
- \* Send the Waiver/Signin Sheet to Outing Chairs of ALL the trip sponsoring entities. Send original to the lead sponsoring Group/Section/Committee
- \* Incident? Fill in the Incident Report Form which comes with instructions and a list of names that receive copies

Online first-aid training is ok every other time.

<http://clubhouse.sierraclub.org/outings/medical/first-aid/providers.aspx>



Please see the Outings Leader Directory on <http://groups.yahoo.com/group/WTCNewsletter> files directory for contact information. If you are not a member of the group, you can join the group to receive notification of newsletter publishing, or you can contact the newsletter editor at [knovo@ca.rr.com](mailto:knovo@ca.rr.com) for a leader contact listing.

**What has a cool logo, wicks moisture like crazy, is anti-bacterial and can be worn on any of your hiking adventures?**



### **The new WTC performance shirt!**

The advantages of performance shirts like Coolmax® are well known to all of us. The new WTC performance shirts take moisture management to the next level by using Intera®. Intera® yarn is the only patented moisture wicking technology built right into the fabric instead of being applied as a coating afterwards. In addition, we use UV resistant dyes for the WTC logo.

But wait, there's more! These WTC shirts are custom made to your exact requirements. You get to pick the shirt style, size and logo type that matches your specific needs. There are even shirt styles specific for you ladies!

Visit <http://angeles.sierraclub.org/wtc> and click on the shirt link at the bottom of the page for details.



A belidings ground squirrel checks out the passing parade of hikers.



Gem Lakes, Chicken Foot Lake, Long Lake, and Box Lake, as seen from the dome next to Treasure Lakes.



“To explore, enjoy,  
and protect the wild  
places of the earth;  
to practice and  
promote the  
responsible use of  
the earth’s ecosystem  
and resources;  
to educate and  
enlist humanity to  
protect and restore  
the quality of the  
natural and human  
environment...”



**SIERRA  
CLUB**  
FOUNDED 1892

## MEMBERSHIP

Name \_\_\_\_\_

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (optional) \_\_\_\_\_

Email (optional) \_\_\_\_\_

### Membership Categories

### Individual

### Joint

Introductory

☐ \$25

Regular

☐ \$39

☐ \$47

Supporting

☐ \$75

☐ \$100

Contributing

☐ \$150

☐ \$175

Life

☐ \$1,000

☐ \$1,250

Senior

☐ \$24

☐ \$32

Student

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☐ \$32

Limited Income

☐ \$24

☐ \$32

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Please charge my ☐ Mastercard ☐ Visa

Cardholder Name \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Contributions, gifts or dues to the Sierra Club are not tax deductible; they support our effective, citizen-based advocacy and lobbying efforts. Your dues include \$7.50 for a subscription to Sierra magazine and \$1.00 for your Chapter Newsletter.

Please mail this form to:

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Boulder, CO 80322-2968

Angeles Chapter of the Sierra Club,  
Wilderness Training Committee

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