

WTC Officers

Please see the WTC Newsletter print version for contact information

WTC

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On the cover

San Gabriel Valley's Group 4 awoke to quite a surprise their first morning of Snow Camp. Here, a tent appears to have been transformed into a frosty igloo. Happily, all WTC students survived the blizzard and the complimentary texture coating.

– photo by Leen Zwanenburg

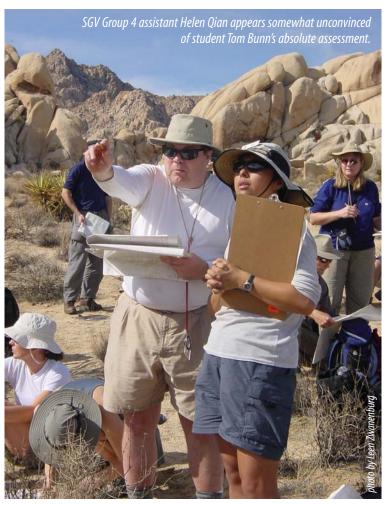
WTC Info Line 310-967-2029

From the Chair

Tom McDonell, WTC Chair

It's spring, and the intensity of the winter WTC class is finally subsiding into old memory. We all went through some hectic times during the course and committed a large portion of our personal resources to its success — both instructors and

students alike. Now, we should all be out on the trails, or peaks and valleys, which were at the root of our wilderness training experience. Now is the time for fun and adventure.



There are additional trips listed in this newsletter. Scan the list carefully. If you've encountered a series of trips that were already full, perhaps one of these new listings will afford you an opportunity for adventure. Two trips are required for graduation; only one of them must be a Sierra Club trip. So now that you are skilled at wilderness travel, spread the word. These natural areas require our quardianship. Enlighten your friends and neighbors as to the value of the natural areas. Take them out on trips. And, if they are interested, send them to WTC 2004.

Graduation activities are being scheduled for late October, have your trips completed. If you are interested in acting as a new WTC volunteer instructor contact your group leader. The best things for a candidate WTC instructor to have accomplished are WTC graduation, enrollment in the Angeles Chapter's Leadership Training Program (LTP), go on Sierra Club trips, and go on more Sierra Club trips.

Enjoy the outdoors, and learn how to protect them.

Headline Deadlines

For publication in the Fall 2003 WTC Newsletter:

August 11 Last day to submit restricted outings to the Outings Chair.

August 18 Last day to submit non-restricted outings to Area Outings Coordinators.

August 25 Last day for Outings Coordinators to submit write-ups to the Outings Chair.

September 8 Last day for all WTC Newsletter submissions.

The WTC Newsletter is published quarterly for students and staff of the Wilderness Training Committee and delivered via U.S. Mail and/or distributed at class sites. **The WTC Newsletter** is also available in color online at the WTC website —

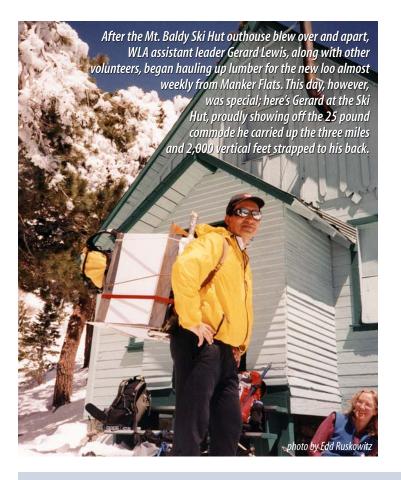
For publication in the November 1, 2003 through February 29, 2004 Angeles Chapter Schedule #294:

June 21 Last day to submit restricted and non-restricted outings to Area Outings Coordinators.

June 28 Last day for Outings Coordinators to submit write-ups to the Outings Chair.

July 12 Last day for all Angeles Chapter Schedule submissions.

www.angeles.sierraclub.org/wtc— as a download in PDF format. All questions, copy, letters and photo submissions should be directed to Edd Ruskowitz, WTC Newsletter editor at (714) 771-6710; hikinedd@yahoo.com



How to Graduate

- **1.** Two experience outings must be completed to fulfill course requirements for graduation. At least one of the two outings must be a scheduled Sierra Club outing. The second may be a Sierra Club outing or a private outing. Both outings must be overnight backpacking trips that include substantial cross-country travel. At least one of the two outings must include a peak climb.
- **2.** A peak-climb outing that does not succeed in reaching the summit, due to weather or other safety-related reasons, may count as an experience outing provided that most of the climb was completed and substantial off-trail terrain was encountered.
- **3.** There is no requirement to obtain prior approval for a private outing. As long as the outing meets the requirements simply go on the outing, complete the non-scheduled experience outing record form and send it, along with your Student Record Card (after all other requirements are completed), to the registrar for your area. Be sure to include a self-addressed stamped envelope (sase) if you wish to be notified that your card was received
- **4.** WTC graduation is scheduled for late October, 2003. Orange County and Long Beach graduations will take place Saturday, October 18 at Sheep Pass in Joshua Tree National Park. West L.A. graduation is tentatively scheduled for Saturday, October 25 or Sunday, October 26 at Harwood Lodge below Mt. Baldy. Please see the Fall WTC Newsletter or go to the WTC website for complete details. Information will also be mailed to students and staff approximately two weeks in advance.

To Reserve Your Place On an Outing

Most WTC students will find the **Experience Outings** (beginning on page 4) within their abilities. When selecting a trip read the description carefully and contact the leader for additional information. Consider the distance, elevation, duration, and destination, then contact the leader listed in the trip description. Remember that "M" level trips are a bit more technical than those you took during WTC. Trip leaders will select participants that match up well to the trip.

To reserve your place on an outing, send the leader two 9.5 x 4 inch self-addressed stamped envelopes (sases) or email as specified in the trip description. Include an information sheet with the following information: your name, address, home & work phone numbers, your WTC leader's name, the outing you wish to join, your experience, your physical conditioning program and whether you need or can offer a ride.

As the outing approaches, the leader will send you an itinerary and a list of participants so that you can arrange your own carpool. The leader will state whether there are any permit fees you must share. If permit fees are required, please send a check payable to the leader for your portion. These fees are not refundable if you cancel and your place cannot be filled.

These outings fill up early! Plan ahead and reserve a place. If you must cancel, please notify the leader as soon as possible so another student who wants to graduate can take your spot. Remember to take your Student Record Card with you on the outing so the leader can sign it for you.

Participation in WTC outings may be denied by leaders for legitimate reasons. The leaders are responsible for the safe and enjoyable conduct of these outings, and will use their best judgement in selecting participants.

The outings published in this newsletter are sponsored by a variety of Sierra Club groups and sections. As a WTC student, your training places you in good standing with other groups and sections of the Angeles Chapter of the Sierra Club who welcome your participation in their outings.

Wilderness Training Committee (WTC)

These outings are open to anyone with appropriate experience and physical conditioning.WTC leaders plan these outings to help students fulfill the requirements for graduation. These outings are reviewed by the WTC Outings Coordinators to ensure that they do not exceed the abilities of WTC students on rock and ice, but still provide the students with an opportunity to summit a peak.

Sierra Peaks Section (SPS)

A number of SPS introductory outings are offered as well as joint SPS/WTC outings suitable for WTC students.WTC students who are interested in the SPS are encouraged to participate in these outings.

Hundred Peaks Section (HPS)

Most HPS outings are dayhikes in the local mountains. They are a good way to explore our local wilderness and stay in shape. Some HPS outings are overnight backpacks that fulfill the requirements for WTC graduation.

Desert Peaks Section (DPS)

Because most DPS outings are dayhikes with carcamps, few meet the requirements for experience trips. However, they are an excellent way to gain additional hiking and climbing experience with knowledgeable leaders.

Wilderness Adventures Section (WAS)

WAS offers a wide variety of events including dayhikes, backpacks, ski trips, car camps & bus trips. Some of their backpacks fulfill the requirements for WTC graduation.

WTC Newsletter / Summer 2003

Experience Outings Please see Outings Leader Directory on page 9 for SASE and contact information. NEW! — Indicates first time published in the WTC Newsletter

June 28-29 / Sat-Sun NEW!

Sierra Peaks, WTC

I / N. Maggie Mtn (10,235')

Enjoy the meadows, brooks, vistas and granite of the Southern Sierra in a moderate backpack in the Golden Trout Wilderness. Saturday hike from Quaking Aspen to Maggie Lakes, 9.5 mi, 1500' gain. Time for fishing, swimming, and happy hour. Sunday climb peak cross-country, some scrambling, 3 mi rt, 800' gain, then pack out. Send sase or email with experience & conditioning, H & W phones, carpool info to Ldr: Beth Epstein. Co-Ldr: Kim Gimenez.

June 27-29 / Fri-Sun WTC, Sierra Peaks, Palos Verdes-South Bay M / Moses Mtn (9,331'), North Maggie Mtn (10,234')

Fri backpack 4 mi, 1000' gain, from Mtn Home SP in Western Sierra to camp and climb Moses, 4.0 mi rt, 2500' gain. Sat climb North Maggie, 5.0 mi rt, 3400' gain. Sun leisurely pack out. WTC or equivalent experience required. Email recent conditioning/experience, H&W phones, rideshare info to Bob Beach. Ldrs: Richard Boardman, Bob Beach.

July 12-13 / Sat-Sun

WTC

I / Cirque Pk (12,900')

Easy-paced backpack to Chicken Spring Lake on Sat, 4 mi, 1250' gain. Sun will climb Cirque 3 mi, 1650' gain for spectacular views of the eastern Sierra from peak and then pack out. Send check for \$6,2 sase or email, contact & rideshare info, recent backpacking & conditioning experience to Ldr: Susan Richmond. Asst: Bill Jackson.

July 12-13 / Sat-Sun

WTC

I / Hurd Pk (12,317')

Sat backpack 3 mi, 900' gain from South Lake to Treasure Lakes. Sat or Sun climb peak, 1600' gain. Sun return to cars. Send 2 sase, resume with recent experience & conditioning, H&W phones, and \$5 permit fee to Ldr: Mike Bolde. Asst: Pat Johantgen.

July 18-20 / Fri-Sun NEW!

Sierra Peaks, WTC, GLS

I / Striped Mtn (13,120'), Goodale Mtn (12,790')

Moderately paced STRENUOUS backpack to two peaks in the Sierra crest. We will start in desert and climb through a variety of ecosystems. Friday backpack from Taboose Creek Road to Taboose Pass (11,352') on trail (6.25 mi, 5972' gain). Saturday climb Striped and Goodale (3 mi, 2485' total gain). Saturday evening community happy hour. Sunday pack out. You must be in good physical condition to do this hike. WTC or equivalent required. Send sase or e-mail, H&W phones, recent conditioning and experience, rideshare info to Ldr: Teresa Nick, Co-Ldr: Will McWhinney.

July 19-20 / Sat-Sun

M / Jepson Pk (11,205'), Charlton Pk (10,806'), Little Charlton Pk (10,696')

Enjoy our local San Gorgonio Wilderness; gain experience on class 3 rock; climb Southern California's 2nd-highest peak. Sat comfortably paced trail hike from South Fork to base camp, 6.5 mi, 2600' gain. Sun bag Charlton via class 3 route then hike the others, 2 mi cross-country, 2300' gain. WTC/equivalent required. Send 2 sase, phone & carpool info, and name of SC leader as reference to Ldr: John Hinz, Asst: Mike Adams. [USFS Adventure Pass required for parking]

July 26-27 / Sat-Sun

WTC, Sierra Peaks

I / Mt Goode (13,085'), Mt Agassiz (13,893')

Sat backpack from South Lake to camp near Bishop Lake, 4 mi 1400' gain; climb Goode, 2 mi rt 1900' gain. Sun climb Agassiz, 5 mi rt 2700' gain; backpack out 4 mi. Send email, sase with recent experience & conditioning, contact info. to Ldr: Sarah Anderson. Asst: Patrick McKusky.

August

August 1-3 / Fri-Sun

WTC

I / Cirque Peak (12,900')

Moderately paced backpack and peak climb in southern John Muir Wilderness. Fri hike from Horseshoe Meadow along the South Fork trail past Cirque Lake to camp at Long Lake (6 mi, 1800'). Sat climb Cirque Peak via east ridge, then return along west ridge and down from New Army Pass (5 mi, 1900'). Bring snow down from the peak for frozen beverages at happy hour Sat evening. Sun hike out. Send sase or email, \$5 permit fee, H&W phones, email address, experience, conditioning to Ldr: Karl Blette. Asst: Bill Jackson

August 1-4 / Fri-Mon

WTC, Sierra Peaks

I / Arrow Pk (12,958'), Pyramid Pk (12,777')

Strenuous trip at moderate pace. Fri backpack up Taboose Creek (5 mi, 5000') to camp. Sat morning climb pass and descend to Bench Lake (4.5 mi, 1000' gain, 800' loss). Sat afternoon climb Pyramid (2219' gain). Sun climb Arrow (2400' gain). Mon out to cars. Well-conditioned hikers only. Send email or 2 sase, resume, carpool info to Ldr: Sheryl O'Rourke. Asst. Mike Adams.

August 2-3 / Sat-Sun

WTC, Sierra Peaks

I / Three Sisters (10,619)

Join us for an enjoyable backpack on the Western side of the Sierra near Courtright Reservoir. Sat backpack 5 miles 1500 ft. gain to camp at Cliff Lake. Sun climb peak 4 miles rt 1200ft gain, plus 5 miles back to cars. Time for relaxing, fishing, and/or exploring nearby Dinkey Lakes. Send sase or email to leaders: Mirna & Greg Roach.

August 2-4 / Sat-Mon

Sierra Peaks, WTC

I / Cloudripper (13,525')

SPS introductory trip in eastern Sierra geared to prospective SPSers and WTC students. Relaxed and enjoyable pace. Sat backpack 7 mi, 3000' gain on trail to 6th Lake. Legendary community happy hour Sat and Sun evenings. Sun climb class 2 pk in 3 mi rt, 2500' gain, all cross-country. Send sase, \$5 permit fee per person, recent conditioning, H&W phones, ride share info to Ldr: Patty Kline, Asst: Joe Wankum.

August 8-10 / Fri-Sun

Wilderness Adventures, WTC

I / Pilot Knob (12,245')

Explore spectacular High Sierra lakes and catch a summit view at a moderate pace. Fri backpack 3 mi, 1650' gain from North Lake to Piute Lake campsite for special happy hour treats. Sat navigate our way via cross-country route past Tomahawk Lake to dramatic Pilot Knob, 12 mi rt, 2100' gain. Return to camp for rest & treats. Sun pack out to trailhead. Comfort on class 2 climbing required. No tigers please. Send check for \$7 permit fee (payable to Wilderness Adventures), 2 sase (or email), contact & rideshare info, recent backpacking & conditioning experience to Ldr: Jane Simpson. Asst: Susan Richmond.

August 9-10 / Sat-Sun NEW!

Sierra Peaks, WTC

I / Kearsarge Pk (12,598 ft)

Moderately paced backpack to a beautiful area in the Sierra crest. Saturday backpack from Onion Valley to Golden Trout Lake (2.25 mi, 2196' gain), then climb Kearsarge Peak (2.5 mi, 1210' gain/loss round trip). Saturday evening community pot-luck and happy hour. Prize awarded to most creative pot-luck/happy hour item. Sunday relax in camp and pack out. Send 2 sase or e-mail, \$5 non-refundable permit fee, H&W phones, recent conditioning and experience, rideshare info to Ldr: Teresa Nick, Co-Ldr. Georgette Rieck.

August 9-10 / Sat-Sun NEW!

Sierra Peaks, WTC

I / Koip Peak (12,962'), Mt Gibbs (12,773')

Join us for a weekend backpack and climb of two peaks near the eastern edge of Yosemite. Saturday morning backpack from Dana Meadows (9600') to campsite outside the YNP boundary (6 mi, 1,100' gain). Saturday afternoon hike to Koip and possibly other nearby high points. Sunday pack out to Mono-Parker Pass trail junction and climb Mt Gibbs, then return to cars. Send sase, \$5 permit fee, experience to Ldr: Joe Wankum. Asst: Mike Dillenback.

August 9-10 / Sat-Sun NEW!

WTC, Palos Verde South Bay

I / Cloudipper (13,525)

That's right "Cloudipper", there are seven lakes along this trail and we will try for them all! Saturday backpack/dip 7 mi 3000' gain on trail to 6th lake. Sunday climb class 2 peak, 3mi rt, 2100' gain, return and pack out. Send SASE & \$5 permit fee per person, recent conditioning, phones and email to Ldr: Richard Boardman Asst: Garen Yegparian.

August 9-11 / Sat-Mon NEW!

Sierra Peaks, WTC

M / Four Gables (12,720+'), Pilot Knob #2 (12,245')

Join us for a moderate paced three day backpack and climb of two peaks near Mt Humphreys. Sat hike to Desolation Lake from North Lake trailhead (7 mi, 2600' gain). Sun climb both peaks (12 mi, 2300' gain). Mon pack out. Send sase, \$5 for permit (John Cheslick) to Ldr: John Cheslick. Asst: Patty Rambert

August 15-17 / Fri-Sun NEW!

WTC, Long Beach

I / N. Maggie Mtn (10,234')

Friday backpack 4 miles; 1,000' gain from Mtn Home SP along river through redwood groves to camp. Saturday climb peak, 4.5 mi.rt, 3400' gain. Return to camp to relax. Sunday pack out. WTC or equivalent required. Send 2 sase, H & W phones and recent conditioning/experience to Ldr: Sharon Bosler. Asst: John Hinz.

August 16-17 / Sat-Sun

WTC

I / Mount Goode (13,085')

Eastern Sierra backpack & peak climb. Sat easy paced backpack from South Lake to camp at Saddlerock Lake, 3 mi., 1900' gain. Shared happy hour Sat evening. Sun climb peak via south ridge, 2 mi, 2000' gain. Return to camp, pack up and pack out. Limited to 10 participants. Send \$6 permit fee, 2 sase or esase, H&W phones, recent conditioning/backpack experience, rideshare info to Ldr: K. C. Reid Asst. Mike Dillenback

August 16-18 / Sat-Mon

Sierra Peaks

I / Four Gables (12,720')

SPS introductory trip in eastern Sierra geared to prospective SPSers and WTC students. Relaxed and enjoyable pace. Sat backpack from North Lake over Piute Pass to Lower Desolation Lake, 8 mi, 2000' gain. Sun climb Four Gables in 8 mi rt, 1500' gain, use trail and cross-country, some class 2 on peak. Legendary community happy hour Sat and Sun evenings. Send sase, \$5 permit fee per person, recent conditioning, H&W phones, ride share info to Ldr: Patty Kline, Asst: Keith Martin.

August 23-24 / Sat-Sun

WTC

I / Cloudripper (13,525')

Sat backpack from South Lake to camp at Green Lake, 4 mi, 1200' gain. Optional afternoon hike to Hunchback (12,311'). Sun. cross-country climb to peak, 3mi, 2300' gain. Back to camp and pack out. WTC or equivalent required. Send email or 2 sase, and \$5 permit fee to Ldr: Mark Roberts. Asst: Marnie O'Toole.

August 29-September 1 / Fri-Mon

Backpacking, WTC

I / Sequoia National Park Backpack Bus Trip

Join us for an exciting climb of Mt Silliman (11,188') from Lodgepole Campground. Depart LA Fri evening for a backpack to base camp on Sat. Climb peak on Sun, then home Mon. 4 mi, 1500' gain the first day. Day 2 summit in 4 mi, 2900'. Mon pack out. Significant xc each day. Cost includes bus, bus refreshments, all fees, Mon dinner. Send \$120 with SC#/\$135 non-member (Sierra Club), 2 sase, email, H&W phones, recent backpacking experience/conditioning to Ldr: George Denny. Co-Ldr: Adrienne Benedict.

August 30-September 1 / Sat-Mon NEW!

Sierra Peaks, WTC

I / Alta Pk (11,204')

Join us for a scenic climb of this fine peak in Sequoia National Park. We will pack in via the Wolverton/Alta Pk trail, set up camp and bag peak the following day. Unforgettable view of the Great Western Divide and Kaweah Pks. Xc side trip to Alta Meadow area. 20-25 mi total depending on xc route. Send sase, conditioning/experience, contact info to Ldr: Georgette Rieck. Co-Ldr: Bill Valentine

September

September 5-7 / Fri-Sun Sierra Peaks, WTC, Wilderness Adventures I / Mount Florence (12,561') and Vogelsang Peak (11,493')

Introductory trip to the Sierra in Yosemite NP. Backpack 13 mi, 2500' gain and dayhike 14 mi, 4500' gain to peaks. Fri backpack from Tioga Pass Road in Tuolomne Meadows to camp near Vogelsang High Sierra Camp. Optional class 2 climb to Vogelsang Peak. Sat class 2 climb Mt Florence. Sun backpack out. Send 2 sase, or email, detailing experience/recent conditioning, \$5 permit fee to Ldr: Patty Rambert. Co-Ldr: Keith Martin.

September 6-7 / Sat-Sun NEW!

WTC

I / Mt Gilbert (13,106')

Sat backpack 4 mi, 1500' gain from trailhead at South Lake to camp at Treasure Lakes (10,700'). Spend afternoon walking around lake before enjoying group happy hour. Sun climb Mt Gilbert (4 mi rt, 2500' gain). Enjoy spectacular views from the top. Return to camp and pack out. Comfort with class 2 talus required. Send 2 sase, \$5 permit fee per person, recent conditioning/experience, H&W phones, rideshare info to Ldr: Melissa Kane. Asst: Ron Campbell

September 6-8 / Sat-Mon

Sierra Peaks

I / Mt Bago (11,870')

SPS introductory trip in eastern Sierra geared to prospective SPSers and WTC students. Relaxed and enjoyable pace. Sat backpack over Kearsarge Pass to Charlotte Lake at 10,370' in 8.5 mi, 2600' gain. Sun climb Mt Bago in 2.5 mi, 1500' gain, and explore spectacularly scenic surrounding areas. Legendary community happy hour Sat and Sun evenings. Mon backpack out in 8.5 mi, 1500' gain. Send sase, \$5 permit fee per person, recent conditioning, H&W phones, ride share info to Ldr: Patty Kline, Asst: Rick Jali.

September 8-11 / Mon-Thu

Sierra Peaks, WTC

I / Highland Pk (10,935'), Round Top (10,381'), Mokelumne Pk (9,334'), Pyramid Pk (N) (9,983'), Granite Chief (9,006'), Tinker Knob (8,949')

Climb this selection of northern peaks, Ebbetts Pass to Tahoe area. All are day hikes. Class 1-2; short class 3 on Round Top. Send sase/e-mail with experience/recent conditioning, H&W phones, address to Patty. Ldr: Ron Hudson. Co-Ldr: Patty Rambert.

September 12-14 / Fri-Sun NEW!

WTC

I / Mt Pickering (13,474'), Joe Devel Pk (13,327')

Something with a bit of everything—lakes, trees, rocks, unbeatable views, long hike in. Fri pack in from Horseshoe Meadows over Cottonwood Pass to camp at Soldier Lakes (11 mi, 1700'gain/1000' loss), then relax with a book, fish in Rock Creek, or explore. Sat, climb class 2 Pickering and Joe Devel xc in a loop with plenty of talus and scree (6 mi, 3400'), then back to camp for happy hour. Sun pack out. Space limited. WTC or equivalent required. Send \$5 permit fee, 2 sase/email, experience/recent conditioning, H&W phones, rideshare info to Ldr: Edd Ruskowitz. Asst: Ron Campbell

September 12-14 / Fri-Sun NEW!

WTC

I / Mt. Davis (12,311')

Friday backpack 5.6 mi via River Trail from Agnew Meadows to Garnet Lake, leave trail traveling cross country 3.5 miles over Garnet Pass to camp at picturesque Thousand Island Lake in Ansel Adams Wilderness near Mammoth, total gain 1,500′. Saturday climb class 2 route to Mt. Davis from SW of North Glacier Pass in 6 mi rt, 2,500′ gain cross country. Sunday pack out via scenic High Trail (PCT). WTC or equivalent required. Shuttle bus fee of \$7 from Mammoth Mt. to trailhead required. Send sase, H&W phones, experience, rideshare info to Ldr: Gerard Lewis Asst: Bill Jackson

September 13-14 / Sat-Sun NEW!

Sierra Peaks, WTC

I / Mt Bolton-Brown (13,491'), Mt Prater (13,471')

Sat backpack 6 mi, 3900' gain to Red Lake. Sun climb Bolton-Brown and Prater (7 mi rt, 6000' gain) and backpack out. Send 2 sase/email, experience, H&W phones, rideshare info to Ldr: Dave Endres. Co-Ldr: Randall Danta

September 13-14 / Sat-Sun

Sierra Peaks, OCSS, WTC

I / North Maggie Mtn (10,234')

Sat backpack 8.5 mi along Summit Trail through meadows, hills, streams, camp at beautiful Maggie Lakes. Next day climb peak (class 1 and 2) 1.5 mi up the eastern slope to North Maggie Mtn. Total 20 mi rt, cumulative gain 5314' (3604 in and 1710 out). Send two sase or email with conditioning/experience, H and W phones, and carpool willingness to Ldr: Robert Neighbors. Co-Ldr:Tom McDonnell.

September 13–14 / Sat-Sun WTC, Wilderness Adventures I / Chocolate Pk (11,582')

Easy-paced backpack, peak climb, and navigational skills-building trip in the Eastern Sierra. Sat backpack 3.5 mi, 1350' gain from trailhead at South Lake to camp at Saddlerock Lake (11,160'). Spend the afternoon relaxing in camp or brush up on navigation skills with the trip leaders before enjoying group happy hour. Break camp Sunday morning and backpack crosscountry 1.5 mi from Saddlerock Lake to Ruwau Lake, practicing routefinding skills. Drop packs and climb this easy peak (550' gain) with spectacular views from top, then backpack out via trail to cars. Send check for \$6 for permit fees, 2 sase (or email) rideshare info, conditioning and backpacking experience to Ldr: Adrienne Benedict. Co-Ldr: Susan Richmond.

September 13-15 / Sat-Mon

WTC, Sierra Peaks

I / Banner Pk (12,945')

Sat moderate 9 mi 1520' gain backpack from Agnew Meadows to camp at Ten-Thousand Island Lk (9840'). Sun moderately strenuous 4 mile rt 3100' gain cross-country to climb Banner; backpack 3 mi to camp at Ruby Lake (9911'). Mon easy-moderate 10 mi backpack out via Middle Fork of San Joaquin. Send email (or sase) with recent experience, conditioning, & contact info to Ldr: Sarah May. Asst: Patrick McKusky.

September 20-21 / Sat-Sun WTC, Hundred Peaks, SMMTF M / Red Tahquitz (8,720'), Marion Mtn (10,320')

Moderate backpack near Mt San Jacinto with easy optional 3rd class climb to summit of Marion. Saturday pack in from Humber Park 4 mi, 1500' gain to camp; climb Red Tahquitz 3 mi rt, 1000' gain cross country. Sunday pack out 1 mi, 300'gain; climb Marion 6 mi rt, 2500'gain cross country with some serious bushwhacking; pack out 3 mi, 1500' loss. Trip will include some navigation and route finding practice for WTC students. Limited to 12 participants. For details, send e-mail (or sase) to Ray with address, H/W phones, and recent experience. Ldrs: Ray Riley, Marc Hertz.

September 20-21 / Sat-Sun NEW!

Sierra Peaks, WTC

I / Mt Conness (12,599')

Visit beautiful Tuolumne Meadows after the summer crowds have left. Saturday morning, backpack from Tuolumne Meadows (8600') to Young Lakes (6 mi, 1900' gain). Sunday climb Mt Conness (6 mi rt, 2600' gain) at the northeast boundary of Yosemite and pack out. Send sase, \$5 permit fee, experience, and conditioning to Ldr: Joe Wankum. Co-Ldr: Barry Holchin.

September 20-21 / Sat-Sun

WTC

I / Cirque Pk (12,900')

Sat backpack from Horseshoe Meadows outside of Lone Pine to Chicken Springs Lake, 4 mi and 1250' gain. Sun follow PCT from camp then cross-country climb to Cirque Pk, 3 mi and 1600' gain. Return to camp and pack out. WTC or equivalent required. Send sase or email to Ldr: Marnie O'Toole. Asst: Brad Hinkle

September 20-21 / Sat-Sun

Sierra Peaks, WTC

I / Iron Mtn (11,149')

Moderately paced backpack from Devil's Postpile 6 mi and 1300' gain Sat to camp at Anona Lake. Climb class 2 Iron Sat afternoon or Sun morning 3 mi, 2050' gain. Pack out Sun continuing along the Beck Lakes trail loop 8 mi or backtrack the way we came in. WTC students and Sierra Peaks Section newcomers welcome. Send conditioning and email or sase to Ldr: Tina Bowman. Co-Ldrs: Doug Mantle, Tom Bowman.

September 20-21 / Sat-Sun

WTC

I / Cirque Pk (12,900')

Sat backpack to Long Lake 5 mi, 1200' gain from Horseshoe Meadow near Lone Pine. Sun climb Peak 5 mi rt, 1800' on class 2 ridgeline, return to cars. Send 2 sase or esase with recent conditioning, experience, H&W phones, and email to Ldr. KC Reid. Asst. Cheryl Gill.

September 26-28 / Fri-Sun

Wilderness Adventures, WTC

I / Twin Lakes-Silliman Nav Challenge Sequoia NP

Improve your navigation skills, get a peak and get happy on a moderately paced 6.5 mi, 2600' gain backpack to beautiful Twin Lakes. Sat cross-country explore both sides of Silliman Crest, and climb a no-name peak (UTM 472574), 2400' net gain via 7 mi loop. Return to camp for shared treats and gourmet

guesadillas. Sun head home. Comfort on class 2 climbing required. No tigers please. Send check for \$7 permit fee (payable to Wilderness Adventures), 2 sase (or email), contact & rideshare info, recent backpacking & conditioning experience to Ldr: Jane Simpson. Asst: Adrienne Benedict.

September 26-28 / Fri-Sun

WTC

I / Mount Goethe (13,264')

Eastern Sierra backpack & peak climb. Fri backpack 6 mi., 2000' gain from North Lake over Piute Pass to camp at Muriel Lake at 11,300'. Sat strenuous 7 mi., 2100'rt to bag peak. Sun break camp and return to cars. Fri and Sat night shared happy hour. Limited to 6 participants. Send \$6 permit fee, 2 sase or esase, H&W phones, recent conditioning/backpack experience, rideshare info to Ldr: Mike Dillenback Asst. K. C. Reid

September 27–28 / Sat–Sun NEW!

WTC, Long Beach

I / Quail Mtn (5,813')

Backpack in beautiful Joshua Tree National Park. Sat hike 5 miles with easy gain to Juniper Flats and set up camp. Continue xc 2 mi hike 1000' gain to the highest peak in the park with stunning views all around and even a chance to see big horn sheep. Dry camp — you must carry all the water you need. Sunday hike out with optional tour of nearby Samuelson's Rocks. Send 2 sase or email (preferred), H&W phones, recent conditioning/hiking experience to Ldr: Kristen Mahaffey. Asst: Janet Yee

September 27-28 / Sat-Sun

WTC, Sierra Peaks

I / Basin Mt (13,181'), Mt Tom (13,652')

Sat backpack 4 mi 2200' gain to camp at Horton Lake, climb Basin 5 mi rt 3200' gain. Sun climb Tom 7 mi rt 3700' gain, backpack out 4 mi. Strenuous hikes with total 20 mi 9000' gain, so recent conditioning above 10,000' required. Examine results of mining activity & consider ideas & responsibility for removal of abandoned junk. Send email (or sase) with recent experience & conditioning & contact info to Ldr: Patrick McKusky. Asst: Sarah Anderson.

October 4-5 / Sat-Sun

WTC

I / San Jacinto (10,804'), Cornell (9,721')

Sat backpack 6 mi, 3300'gain, from Humber Park to Round Valley; climb Cornell to lunch ledge. Sun climb San Jacinto 1700' gain. Hike out. Send 2 sase, resume with recent experience & conditioning., H&W phones to Ldr: Mike Bolde. Asst. Pat Johantgen.

October 11-12 / Sat-Sun NEW!

WTC

I / Providence Peak Massif

Car-camp and strenuous climb of 4 summits in the Providence Peak massif in the Mojave National Preserve. Saturday meet at the Mitchell Caverns parking area for a 4W drive to the trailhead. Over two days we will climb Edgar, Mitchell and Providence Points and Fountain Peak. Contact leaders, then send 2 SASE (or SASE plus email), qualifications with recent experience/conditioning, H&W phones, rideshare info to Ldr: Virgil Shields. Asst: Marc Hertz.

October 11-12 / Sat-Sun NEW!

WTC

I / Tahquitz Pk (8846), Red Tahquitz (8738)

6th Annual LAST CHANCE BACKPACKING TRIP! This is it. This is your last chance to graduate the Wilderness Travel Course! Join us for an exciting weekend with thoughts of your graduation certificate in the works! We will begin our hike from the Humber Park trailhead in beautiful Idyllwild. Hike in to camp Saturday. Bag peaks Saturday or Sunday. Bring secret ingredient for garbage bag salad Saturday night. Most creative wins a prize! Send resume of conditioning to leader. We will send you trip info. Leader: Georgette Rieck. Co-Leader: Jason Lynch

Training Opportunities Most WTC students will find these trips within their abilities.

September 28 / Sun

LTC/WTC

I / Grinnell Ridge Navigation

Practice or checkoff for I/M/E navigation at Grinnell Ridge in San Bernardino National Forest. Ldr: Harry Freimanis. Co-Ldr: Bob Bradshaw.

October 19 / Sun

LTC/WTC

I / Sheep Pass Navigation

Practice or checkoff to satisfy Basic level I/M navigation at Joshua Tree National Park. To receive homework assignment, send sase w/nav experience/training, any WTC, rideshare info, H&W phones to Ldr: Harry Freimanis. Co-Ldr: Bob Bradshaw.

October 31-November 2 / Fri-Sun

LTC, Harwood, WTC

0 / Wilderness First Aid Course (WFAC)

Runs from 8:00 Fri morning to 5:30 Sun evening. Proof of CPR within previous 2 years required. Course fee of \$160 members/\$170 non-members includes lodging and meals. Send sase, SC member #, proof of CPR, and check made out to WFAC (full refund thru 26 Sep) to WFAC, PO Box 3414, Fullerton, CA 92834. For course info call Leader: Steve Schuster

November 2 / Sun NEW!

WTC

I / Nav till it Hertz!

Practice Navigation on 5 miles, 300' gain in Malibu Creek State Park. Spend most of the day with navigation instructors sharpening your skills with map & compass. Not a check-off, but good preparation. Send email or SASE for required material & information to Ldr: Marc "RoadKill" Hertz. Co-Ldrs: Adrienne Benedict, Gary Embrey, Susan Richmond, Dave Coplen, George Denny, Jane Simpson.

November 15-16 / Sat-Sun

LTC/WTC

I / Indian Cove Navigation

Practice or checkoff for I/M navigation at Indian Cove in Joshua Tree National Park. Ldr: Harry Freimanis. Co-Ldr: Bob Bradshaw.

The Gnarly Stuff

Technically Challenging Trips – not suited for WTC students

WTC staff will find these trips of particular interest. Generally, WTC students will find these trips are beyond their abilities. Recall that "M" level trips involve a slightly more technical type of climbing than the type presented during WTC. "E" level trips involve a significantly more technical type of climbing than the type presented during WTC. Trip leaders are charged with selecting participants that are appropriately matched to the trip description and objectives. Strong WTC students with prior mountaineering experience may contact the trip leader for consideration.

July 11-13 / Fri-Sun

WTC, Sierra Peaks

E / Mt Darwin (13,830')

Trip restricted to SC members with ice axe, crampon, 4th class rock, rope use experience, and strong physical conditioning. Fri backpack over Lamark Col to camp in Darwin Canyon. Sat very strenuous climb of peak via class 4 rock north face route. Sun hike out. Detailed resumes of comparable rock and snow climb experience and fitness training required, plus permit fee. Send resume, SC#, H&W phones, email, rideshare info to Ldr: Tom McDonnell Co Ldr: Ron Hudson.

July 19-27 / Sat-Sun

Sierra Peaks

M / Kaweahs Area

Climb far-in peaks, including Mt Kaweah (13,802'), Triple Divide Pk (12,634'), Whaleback (11,717'), Lion Rock (12,360'), Mt Stewart (12,200'), Lippincott Mtn (12,265'), and others. Long (18+ mi) backpack in to camp. Routes on peaks are class 1-3. Send sase or e-mail detailing experience/recent conditioning, H&W phones, address to Patty. Ldr: Ron Hudson. Co-ldr: Patty Rambert.

July 29-August 4 / Tue-Mon SPS, Ski Mountaineers, WTC M / Mt. Goddard (13,568')

other possible peaks are Mt. Huxley (13,086'), Charybdis (13,096'), Mt. McDuffie(13,282'), Black Giant (13,330), Scylla (12,956'), Mt. Fiske (13,503'), Mt. McGee (12,969'), Goethe (13,264'), and Mt. Lamarck (13,417'). We will backpack in over Lamarck Col and camp at Darwin Canyon (6 mi and 2600' gain). Then from Wed through Sat we will climb peaks (class 1, 2 & 3) and move camp to Wanda Lake and possibly the Ionian Basin near Black Giant. On Sun start heading out and climb a peak or two that we missed and be back at the trailhead Mon. The total is approximately 28 miles round trip with backpack and 26 mi with daypack and overall elevation gain of 18,000 feet (if do all the peaks). Some of the peaks are optional so there will be time to relax and enjoy the beautiful lakes and scenery. There will be some navigation practice for those interested. Strong, experienced WTC students will be accepted at the leader's discretion. Send 2 sase or email detailing experience/recent conditioning, \$5 permit fee to Ldr: Keith Martin. Co-Ldr: Patty Rambert

August 2-4 / Sat-Mon

WTC, Sierra Peaks

M / Mt Darwin (13,831')

Climb an emblem peak at a relaxed pace. Sat we'll backpack from North Lake through Lamark Col to camp below the Col (~5-6 mi, 3000' gain). Sun climb Darwin via Darwin Glacier and west ridge with an exposed summit block (2 mi, 1500' gain), return to camp. Mon pack out. Ice axe, crampon and 3rd class climbing experience required. Restricted to SC members. Send 2 sase or email with resume of recent snow and 3rd class climbing experience, H&W phone, email and SC# to Ldr: Helen Qian. Asst: Beth Epstein

August 22-24 / Fri-Sun

WTC, Sierra Peaks

E / Mt Gardiner (12,907')

Trip restricted to SC members with 4th class rock, rope use experience, and strong physical conditioning. Fri backpack over Kearsarge Pass and Glen Pass to camp in south end of Sixty Lake Basin. Sat very strenuous climb of peak via Sixty Lake Col and southeast knife-edge ridge of Mt Gardiner. Sun hike out. Detailed resumes of comparable rock climb experience and fitness training required, plus permit fee. Send resume, SC#, H&W phones, email, rideshare info to Ldr:Tom McDonnell Co Ldr:Tina Bowman.

September 13-14 / Sat-Sun

WTC, Sierra Peaks

M: Mt Russell (14,086'), Carillon (13,552')

Enjoy and explore the best scenery in the Whitney area including the Ebersbacher Ledges and Clyde Meadow. Sat backpack from Whitney Portal to Upper Boy Scout Lake (3 mi, 2900' gain). Sun climb Carrillon then Russell by the East Arete, descending the south face and returning by Whitney-Russell Col (4 mi rt, 3025' gain), then pack out. Exposed 3rd class. Restricted to SC members. Send recent experience and conditioning by email to Ldr: Will McWhinney, Don Croley

Outings of Interest

Most WTC students should find these outings within their abilities. Unfortunately, these trips do not qualify for WTC graduation.

June 29 / Sun NEW!

Hundred Peaks, OCSS

0 / Wright Mtn (8505'), Pine Mtn (9648'), Dawson Pk (9575')

Up, down, up, down, up -- then back on this great hike with great views out of Wrightwood. Strenuous; approx. 9 mi rt, 3800' gain with some steep and slippery spots. Email or call Ldr: Edd Ruskowitz; Co-Ldr: Cheryl Gill

July 26 / Sat NEW!

WTC, Palos Verdes/South Bay

0 / Sullivan Cyn Loop

Come help Maria earn her "0" and chat about WTC on this moderately paced 10 mi, 1600' gain loop in Topanga area of the Santa Monica Mtns. Meet 9 am at end of Queensferry Rd off Bayliss Rd in Brentwood. Bring 2+ qts water, lunch. Rain cancels. Ldr: Maria Montag. Asst: Richard Boardman.

October 5 / Sun NEW!

Hundred Peaks, WTC, SMMTF

I / Grinnell Mtn (10,284')

Adventurous 11 mi, 4200'gain mostly-off trail hike in the San Gorgonio Wilderness from South Fork Campground will include some navigation exercise for those interested. Limited to 12 participants. Send e-mail (preferred) or SASE to Nancy with H & W phones and recent experience. Leaders: Nancy Klipfel, Ray Riley.

Outings Leader Directory

Please see the Outings Leader Directory on page 9 of the WTC Newsletter print version for SASE and contact information



by Diana Price

2002 WTC / OC Group 2

I'm not the first, and I'm sure I won't be the last. People don't sign up for the Wilderness Travel Course ("WTC") because they want to sit around on the couch watching Anna Nicole. Following in the footsteps of the fabulous Chuck Ward, 2000 WTC Alumni and much-loved WTC guest speaker, this past spring I embarked on a two-month hike on the Appalachian Trail ("AT").

Reasons

The most popular question I've fielded is "why"? When non-hikers ask this question, they are generally looking for a deep, spiritual touchy-feely answer involving some

mention of the meaning of life. When hikers ask the question, they are really asking two very specific questions: (1) are you hiking just to say that you did it or because you enjoy it; and (2) why you are doing it right now. To appease both groups, I came up with a list of reasons, and I just start tossing them out until the questioner is satisfied: I wanted to completely change my life; I was tired of showering; it beats working; I wanted to break my reliance on modern conveniences; I wanted to lose weight; I wanted to meet new people; because I can; to see if I can; the timing was right; because I said I would; I lost a bet; I wanted to break in these shoes; and I really like rain.

Preparation

I first thought seriously about hiking the AT in 2001. My preparation began with people looking at me funny and suggesting perhaps a nice bike ride instead since I had never been backpacking before. So after much research, I found and signed up for the WTC 2002 session. If you can make it through the WTC fieldtrips, then you can hike the Appalachian Trail. It may seem an unlikely comparison, but, as long as you pace yourself, no day will be harder than the



WTC conditioning hike and no event scarier than the death-defying Joshua Tree rock climb. WTC, along with a couple of 50-mile solo "shakedown" hikes and about 350 training miles, left me extremely comfortable on my own in the woods. I knew what I was doing, what to expect, and my limitations, and I was comfortable with my gear.

Of course, the very best reason to take the Wilderness Travel Course is to create a fan club for your on-line journal. Absolutely no one, not your friends, distant relatives, co-workers,

significant other, mailman, mother—NO ONE will be more excited about your journey and actually eager to read your journal than your WTC instructors and fellow class members. Three of my biggest supporters on this trek were the aforementioned Chuck Ward, 2000 AT Thruhiker, Ron Campbell, and vour editor. Fdd Ruskowitz.

People

The AT is a very social, crowded, town-oriented hiking trail. Most of the hikers that I met were white, heterosexual boys

Appalachian Secrets

- ▲ No one brushed their teeth in the morning.
- ▲ I wore one pair of socks the entire time and used my extra pair only for town.
- ▲ Most people did not wash their dishes; they just boiled off bits of the last meal when heating water for the next meal.
- ▲ I quit treating water after the first two weeks.
- ▲ Frosted honey buns are a complete food.
- ▲ There are some real weirdoes on the Trail.
- ▲ No one really wants to hike 25 miles except to prove that they can.
- ▲ All hiker hostels smell like wet dog.
- ▲ Shorts and knee-high gaiters are hot hot hot on the AT fashion runway this spring.
- ▲ After about 500 miles, many hikers turned to liquor and cigarettes to alleviate boredom.

from 18 to 23. I'd never spent much time with this demographic. Let's just say that it's the closest I've ever come to hating men. Example: One night, in a crowded shelter, I was sleeping in the small loft by myself, while 5 guys shared the main level. One of the guys then says, "Hey this ain't right. Women shouldn't be above men." He was serious.

However, I am glad to report that even in the microcosm of society that is the AT, racist remarks will cause a shelter full of hikers to go all quiet and tense. It's a big gay-bashing and women-bashing free-for-all, but they are not at home to Mr. Racism.

Despite this atmosphere, by trying mightily to steer all conversation away from these subjects and generally giving everyone a chance to not be a jerk, I managed to really enjoy a good fifty– percent of the people I met on the Trail. Some of them even liked me. In fact, many of my favorite moments involved other people.

AT versus other Long-Distance Hikes

If you are looking to get away from it all and practice your mountaineering skills, the AT is the wrong place. In fact, you would have to be pretty darn drunk to need a compass on the AT. The entire Trail is marked with white blazes all the way from Georgia to Maine. Most hikers carried maps, but the maps were so high-level and often inaccurate that they were more often hindrance than help. Most of us carried them for the elevation profile since it was impossible to do your own profile from the map detail. On the bright side, if you knew the phrase "contour line", you came off as pretty sophisticated.

Most long-distance hikers have a hiking philosophy. Some people like to do really long days and take a day off in town; some people like to do shorter days and never take a rest day. Some hike at night, and some start early in the morning. On the AT, many people engage in a philosophy called "strategic hiking." I call this the "Get-the-Hell-Away-from-Me" game, and it involves adjusting your hiking



mileage in order to fall behind or pull ahead of large clusters of hikers or really annoying hikers so that you can get a shelter spot and some peace when you stop for the day.

Most hikers on the AT have a Trail name, either chosen by them or given to them by other hikers. I decided to take the safe route and give myself a Trail

Name

name, Tennessee, which is my home state. It was also my nickname already, so I was used to answering to it. Some of the best Trail names this year: Toe Cutter, Lawn Ornament, Eggman, Shifty, Moxie, Yuengling, Donkey, Canoli, you get the idea.

Because the AT passes through so many towns, it actually has a "Trail Community" made up of people who hike the Trail and people who provide services to hikers. There are

Popular Trail Food

Peanut Butter • Honey

Oatmeal • Starburst

Hershev's Miniatures

Cadbury Cream Eggs

Power Bars • Granola Bars

Combos • Root Beer Barrels

and any type of Honey Bun.

Any kind of meat • Pizza • Milkshakes Soda • Orange Juice • Espresso Beverages

Anything that had not been dehydrated.

Popular Town Food

Mountain House Spaghetti

Kraft Easy Mac • Ramen Noodles

Lipton Side Dishes • Beef Jerky

people who started hiking years ago and can't seem to return to their previous lives. They just keep hiking, working in Trail towns until they save up some money, then start hiking again. The hiker service providers are an assorted bunch strewn up and down the AT with an amazing amount of in-fighting and competition. The Trail Community is centered around an annual festival held every May in Damascus, VA called "Trail Days". I opted not to attend Trail Days because I was really more interested in hiking than in being part of the Community.

Best Advice

You've heard it in WTC, and I'll say it again: Don't wear cotton; find boots

that you absolutely love and then trust them; buy the good rain gear; get trekking poles; duct tape fixes anything; and pack light. After two months on the AT, when the winter clothes were sent home, almost everyone's base pack weight was less than 30 pounds.

Favorite Scenic Moments

- ▲ Laurel Fork Gorge Waterfall at sunrise near Elk Park, NC
- ▲ My first bear-bagging and night alone in my tent, Low Gap, GA
- ▲ Red Spruce Forest on top of Unaka Mountain, near Roan Mountain, TN
- First red flower of the season, near Waynesboro, VA
- Dismal Falls trout stream near Bland, VA
- ▲ Picture taking days not many of these due to rain and fog
- ▲ Balds: strange treeless areas on the tops of mountains, but below the tree line

Conclusion

Now, a thousand miles later, I'm off the Trail and reveling in city life again. Hiking the Appalachian Trail allowed me to take the time to really enjoy the finer things in life: complete physical exhaustion; the ability to think of 18 miles as a short distance; weight loss without starvation; the realization that 99% of material possessions are superfluous; appreciation of gas station food; naps in the woods; wild flowers; and trout streams. I would do it again.



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